



# Nature Alliance Family Day Care Service

Sun Protection



## **POLICIES IN THIS SECTION AS REQUIRED BY:**

Education and Care Services National Law (WA) Act 2012: Section 3(2)(a); 167

Education and Care Services National Regulations, 2012 – ‘Regulations’:  
77(1)(a), (2)(a), (3)(a); 116; 168(2)(ii); 171.

## **POLICY**

Nature Alliance FDC is committed to protecting children from the adverse effects of the sun. We encourage outside play and believe children need to be immersed in natural environments so protection from the sun is important as a means of facilitating this involvement..

## **PROCEDURES**

Family Day Care Educators, Family Day Care Assistants, regular visitors, Family Day Care Service staff members, Family Day Care Educator family members, students, and volunteers must comply with the Sun Protection Policy and role model appropriate practices when with the children in care.

### **Managing the Physical Environment:**

1. Family Day Care Educators will consider the availability of shade when planning and implementing outdoor activities and excursions.
2. Infants less than 12 months of age will not be exposed to direct sunlight when the UV index is 3 or above.
3. Provided the UV Index is below 3 (moderate) unrestricted outdoor play may take place. If the UV Index is 3 (moderate) or above, outdoor play is allowed provided appropriate sun protection measures are undertaken by all staff, educators and children whilst outdoors.
4. Family Day Care educators will check and encourage children to check the surface temperature of equipment before use.
5. Appropriate sun protection measures are defined as a broad rimmed, bucket or legionnaires hat that protects the face, neck, and crown of the head, clothing that covers as much skin as possible, SPF 30+ sunscreen, maximum use of available shade and sunglasses where these are practical. The UV Index is available via the SunSmart app or on [www.myuv.com.au](http://www.myuv.com.au)

### **Protective Practices**

1. Hats will be worn by all children when outside and those without hats will remain protected from the sun and ensure that children wear appropriate footwear and clothing while outdoor activities are taking place
2. Children who do not have appropriate hats or outdoor clothing are asked to choose a shady play space or a suitable area protected from the sun.

3. To help develop independent skills ready for school, children from three years of age are given opportunities and are encouraged to apply their own sunscreen under supervision by the educator.
4. Family Day Care Educators and Educator Assistants will model sun safe practices.
5. Family Day Care Educators will request permission from the parents or family to apply sunscreen.
6. Sunscreen of SPF 30+ broad spectrum and water resistant must be applied at least 20 minutes (or as per the manufactures instructions) before commencing outdoor play.
7. Sunscreen must be reapplied every 2 hours (or as per manufacturer's instructions) or more frequently if washed or wiped off.
8. If a child presents with an allergic reaction to the sunscreen, the Family Day Care Educator will notify the parent/s or family and request that an alternative sunscreen will be supplied by the family for the child to use.
9. Sunscreen should be stored in a cool place out of the sun and discarded when past the expiry date.

**Maintaining Hydration Levels:**

1. Safe drinking water will be accessible to children throughout the day in both indoor and outdoor settings.

**Communication with Families**

1. Sun protection practices will be shared with families.
2. Educators will actively promote sun safe practices through discussion of activities undertaken with children
3. Families will be encouraged to implement the Family Day Care Educators sun protection practices when participating in any excursions or experiences delivered by the Family Care Educator.

**Supporting Documents.**

NA-FRM 0004 Authorisation to Apply Sunscreen

*Reference: SunSmart Education  
Cancer Council Western Australia  
[www.cancerwa.asn.au](http://www.cancerwa.asn.au)*

Date Reviewed:	November 2022	NA-POL-0001.2	Version No: 3	Page No.	Page 2 of 2
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